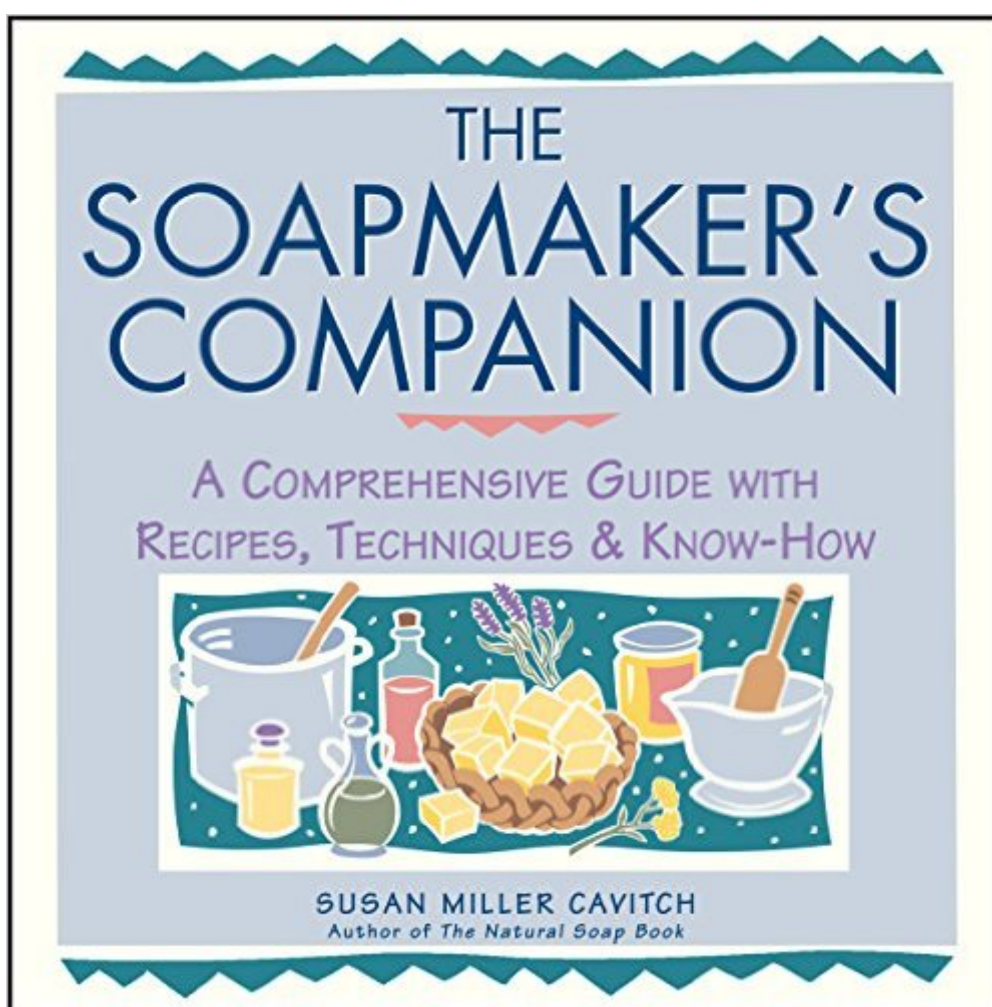


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# The Soapmaker's Companion: A Comprehensive Guide With Recipes, Techniques & Know-How (Natural Body Series - The Natural Way To Enhance Your Life)



## Synopsis

In this comprehensive guide, Susan Miller Cavitch covers everything you need to know to make your own soaps. Learn the basic techniques for crafting oil-, cream-, and vegetable-based soaps, and then start experimenting with your own personalized scents and effects. Cavitch provides tips for making more than 40 different specialty soaps, showing you how to design colorful marbled bars and expertly blend ingredients to create custom fragrances. Youâ™ll soon be making luxurious soaps at a fraction of the cost of boutique products. Important Notice Early printings of this book contain a recipe variation in a sidebar note on page 36. As a result of further testing, author Susan Miller Cavitch and Storey Publishing strongly recommend that you do not try this variation. Adding honey when you are combining the sodium hydroxide and water may result in a stronger reaction with more intense heat. The mixture may bubble up quickly and come out of the pot, posing a potential hazard.

## Book Information

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## Customer Reviews

I bought this book years ago, when I first started making soap. It has a wealth of good reference information on different oils, colorants, additives, etc., information that I still refer to occasionally. Unfortunately it's usefulness as a guide is somewhat limited by several things:1) She is biased against the use of any ingredients of animal origin, especially animal fats. No coverage of the use of animal fats in soap is given at all, and her only excuse is lame, not backed up by any actual science, and demonstrably untrue.2) Her recipes are too large, are overly complicated, and way too superfatted. Plus she recommends the use of GSE, an ingredient whose use as a preservative has

been thoroughly discredited.<sup>3</sup>) Some of her warnings/cautions are odd, to say the least. Her paranoia of clay, for one, is downright bizarre. Her admonition against pouring raw soap down the drain, in the event of a ruined batch, is utterly nonsensical.<sup>4</sup>) The chapter on the chemistry of soap making is too much. She tries to go so in-depth that she's obviously in over her head, to the point that I was embarrassed for her when I read it. The information here that would be useful/interesting to soap makers could have been condensed to a couple of pages.<sup>5</sup>) She only covers cold process, and then, only cold process where the ingredients are combined at higher temperatures. There's no excuse for only covering the cold process in a "comprehensive" guide, but the fact that she only gives one basic cold process method may be an artifact of the next problem...<sup>6</sup>) This book is dated. I started making soap around 2000, and even then people were using stick (aka immersion) blenders to mix their soap.

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